

---

# Port Orchard Church of Christ

Where

Jesus is Lord, Jesus is Lifted, Jesus is Lived

---

Sabbath time by: Cody Rousseau

Sabbath. This week I have been thinking about the ways that we do and don't seem to really regard this very well. As a minister people have certain expectations and ideas about how your time gets spent, but that is a whole other article. What I am thinking about this week is how we avoid Sabbath with all we have.

This last week Tiffany and I flew out of SeaTac at around 6am. This meant that we got out of bed around 3am and then got on the airporter and made our way to the airport. When we landed we got onto a shuttle and began our trip to Anaheim. By the time we got to the hotel we would be staying at we found ourselves with a couple hours to kill.

When we finally got our stuff put down we walked from our hotel to downtown Disney and looked around some shops. Milled about really. Her best friend picked us up from there and we went to a frozen yogurt place and then to a nearby Goodwill to look around. Then she took us back to the hotel and we finally sat down to simply relax.

I say all that to say this, we were truly tired. Physically, emotionally, spiritually. We had been going and going nonstop for as long as we possibly could. Holding on for this one moment. So we sat in the sun and just soaked in the silence.

I imagine each of you reading this do the same thing. You go and go and go until there is nothing left in the tank. At which point you probably take a begrudging moment and rest just long enough to let the anxiety and work build up for you to go to again.

For the life of me I don't understand why it is so hard to really relax. For us to just turn off the noise and be still. In the bible we see the Pharisees trying their best to honestly and correctly define what Sabbath rest looks like. Time and again Jesus clashes with these ideas and notions.

The picture we get of what Sabbath rest looks like is one of peace and communion with God. So why do we not talk about it more? People talk about strug-

*(Continued on page 4)*

---

## Church Staff:

Cody Rousseau ..... 360.801.8059

---

## Deacons:

Troy Hill ..... 360.674.7181  
Brad Orser ..... 360.874.8184  
Gary Chasteen ..... 360.895.4143  
Gene Gerard ..... 360.876.4612

# Welcome Guests

We are so glad that you decided to try out Port Orchard Church of Christ this morning! Since you took this step to join us for worship, I would like to give you a warm welcome to our congregation. Wherever you are this morning, as we lift worship to God, I pray that you are able to leave feeling uplifted, convicted, or encouraged in your faith.

We seek here to worship God like the first century church did, with a sense of awe and with a

fear of the Lord. Some things we do might seem old fashioned or traditional, but we want you to know that at its core, it is for the praise of God's glory.

You are not required to do anything weird or ostentatious. We hope that you feel free to join us in worshipping God to the best of your abilities. If you have any specific needs we have a ministry staff that would love to connect with you. Ask the people sitting around you for their

names and to point them out!

Once again, we are so happy to have you here worshipping with us and we hope this is a chance to worship God in a deep and meaningful way.

*Cody Rousseau*

## Save the Dates!

**Friday-Sunday 5/13-15** Ocean Shores Retreat

**Sunday 5/15** Senior Saints Potluck

**Tuesday 5/17** Ladies Bible Study

**Wednesday 5/18** Youth Group

**Sunday 5/22** Car Wash Fundraiser

**Tuesday 5/24** Ladies Bible Study

**Wednesday 5/25** Youth Group

**Monday 5/30** Memorial Day

---

## Port Orchard News and Events

---

### **Pulpit Preview— James to preach**

This week we will be hearing a sermon from James Greer. As he shares with us from the Word let us prayerfully consider how the Spirit is moving. Let us receive instruction from it and be guided by it.

### **Happy Birthdays!**

May has arrived! Flowers are blooming, sunshine is shining and the days are staying lighter a little longer each day! With summer just around the corner let us take a moment to celebrate this months many birthdays!

2— Isaac Benjamin. 3— Gary Chasteen. 5— John Bickle. 9— Brandon Delay. 17— Julia Karn. 25— Barbara Chasteen. 26— Levi Herbert. 28— Gene Gerard. 31— Sarah Hill.

### **SERVING OPPORTUNITIES**

#### **Meals Needed**

Bonnie Mitchell, along with Pene Hammock and Judy Van Lueven will be coordinating the temporary providing of meals on occasions when they are requested. Upon receiving the request, we will coordinate with the family to ascertain their needs — length of time, dietary restrictions etc. Once this has been determined through various means of communication we will contact the families here at POCOC for those who would like to participate with providing the meals.

There are some of you who want to always provide a meal, some who choose not to and some who would like to do so occasionally. Please email me if you

## Serving May 15, 2016 :

---

Prayer Leader:	Wayne Hammock	Communion Prep:	TBD
Scripture Reader:	Jim Snead	Communion Cleanup:	Bratchers
Offering Thoughts:	Dale Sanders	Praise Team:	Darrell Fry Connie Greer Rachel Karn Kenny Benjamin
Communion Meditation:	Darrell Fry	Sunday School & CW Helper:	Rachel Karn
Servers:	D. Snypp & T. Bratcher	Fellowship Team:	Donuts— Sandi Warner Coffee— Greg Warner Cleanup— Sandi & Greg
Ushers:	W. Hammock & J. Bickle		
Greeters:	Greg & Sandi Warner		
Nursery Attendants:	TBD		
Sound:	Lisa Bratcher		
Slides/Lighting:	Dale Sanders		

---



fall in any of those categories and I will make a list which will be confidential.

This is a great ministry and can be an opportunity to serve others. If you have any questions, please be sure and call:

**Bonnie Mitchell 360-895-0453 (h) 360-265-3266 (c)**  
**Pene Hammock 360-871-9678**  
**Judy Van Lueven 360-692-0361**

### **Nursery and Communion**

Thank you to all who served in the nursery and preparing and cleaning up communion this year!

Are you gifted with little kids? Would you like to serve somehow but don't know where to start? We have just the place for you! We need for more people to sign up for doing the nursery and communion prep/clean-up for 2016. There are only a few slots left for Communion, so if you feel like you are willing and able, please sign up in the foyer for the next opportunity on our community board. We will be printing a new Nursery sign up soon!

### **ANNOUNCEMENTS**

#### **Ocean Shores Retreat**

There will be a teen retreat at Ocean Shores on the weekend of the 15th this month. If your teen is interested in going please make sure to get a release filled out. Info can be gotten from Gene Gerard.

#### **Wilson Baby Shower**

There will be a baby shower for the Wilsons on June 12th during the usual time for the senior saints potluck. Everyone is invited! If you are interested in being a part of the group gift then speak with Tiffany!

#### **Car Wash Fundraiser**

There will be a carwash fundraiser to help with building the new playground! All proceeds will be going towards the new toy, new fencing, and facelift of the playground area! We would love for as many as possible to be part of helping with the car wash! If you would like to be involved there is a signup sheet in the foyer or you can contact Tiffany. Carwash is scheduled for the 22nd of May.

## **Our Prayer List**

**Healing for:** Gary Chasteen, David Latham, Doloris Brun, Jodon Mason, Ben Mason, Karen Taylor.

**Kara Mitchell's** lumpectomy, that it shows no signs of cancer.

**Eunice Orser** and her family as they mourn the loss of her mother.

**Ladies Retreat** and those attending, that the Holy Spirit will be present and active.

**Guidance** for our deacons as they make decisions regarding our family and church.

**Cody and Tiffany** as they prepare to start a new journey in their lives.

**Josh and Savannah** that their baby continues to grow healthily and that Savannah is able to stay healthy.

**Deja Cormier** as she is adapting to life with a third child, that she and her kids will be healthy and safe.

**Prayer** for our homebound and infirm as they are unable to attend worship and fellowship with the family.

**Prayers for our church as it works through Growth Group materials and seeks to grow in love, faith, and hope.**

**May 8, 2016**

Worship: 83

Class: n/a

Offering: \$4,410.01

Goal: \$3,437.50

---

gling with all sorts of issues following the commands of God. However we all skip out on this one and no one says a thing.

I would pose to you this statement. Sabbath might be the most important discipline your life needs right now. Choose a day and guard it. On that day wake up and pray God gives you peace and rest. Then do whatever it is that relaxes and disconnects you from the worry of your week.

God does things perfectly. His perfect way includes a guilt free time of rest. For your health and for the ability to continue to function choose a Sabbath day.

If you find rest, if you are still, you

can find God. I believe that. If you do it regularly I am positive God will bless the time.

If you ever experience the anxiety of "going back to work" if you experience the exhaustion of going for too long, the late nights, restlessness. Your body is telling you something.

This week I challenge you to be brave enough to find silence and hear what God is telling you. Find rest. Take his burden. His yoke is easy and his burden light.

May God bless you as you seek Him in the restful Sabbath space.

**Port Orchard Church of Christ**  
**2585 Carr Lane SE,**  
**Port Orchard, WA 98366**  
**360.876.2604**  
**churchpococ@gmail.com**  
**www.pococ.weebly.com**